



# The Husky Howler

## Utah’s Vaccine Plan



The COVID-19 virus has invaded our world. We have all waited a very long time but finally, scientists have found a way to help. After many tests, we now have a COVID-19 vaccine. It is being distributed to thousands of people throughout the world. Right now, certain people such as health care workers, care facility staff and residents, first responders, and K-12 teachers and school staff can get the vaccine. The vaccine will be open to the public sometime this spring or summer. A doctor who has received the vaccine said, “The first shot I got, I felt achy and yucky. The second shot I expected to feel worse because many of my coworkers had pretty serious symptoms, but I didn’t have much of any symptoms except a sore arm.” She also said “I felt very relieved after the vaccine. I didn’t realize how nervous I was in the back of my head to get sick or to pass it along to my loved ones.” Even though receiving the vaccine will be scary and uncomfortable, it will be a great relief to be immune and will relieve some of the worry and stress. A new normal without masks is headed our way!

-Hailey Bradley

## Healthiest Chocolate

Chocolate is the most craved food in the world, and one of the most popular gifts on Valentine’s day. Chocolate has a high amount of sugar, so it certainly is not the healthiest food out there. But some kinds of chocolate are healthier than others.

Milk chocolate is the creamier, lighter chocolate, and by far the more popular. 51% of adults say they prefer milk chocolate to other kinds. Also, milk chocolate is high in calcium. Milk chocolate, obviously, has milk in it. The calcium in milk can help strengthen bones and teeth and can regulate your heartbeat. Milk chocolate can also boost brain health, improving things such as attention span, memory, and problem-solving skills.

Dark chocolate is the bitter, sharp chocolate, and a lot of people like it. 35% of adults say they like dark chocolate best. Dark chocolate is well known for being a healthy kind of chocolate, but why? Cocoa beans have many health benefits, but when being processed into chocolate, the beans can lose some of these effects. Therefore, while dark chocolate is healthier, it’s also bitter because the beans have been processed less than milk chocolate. Cocoa beans have been known to contain flavanols, which lower blood pressure or improve cognition.

Chocolate is a great comfort food, and the sweet taste makes many people happy. Although it’s not the healthiest, chocolate is a great sweet for everyone to enjoy anytime! -Anna Burke



## Martin Luther King Jr. Speech Contest



Martin Luther King Day was on January 18th. Martin Luther King Jr. was a leader of the civil rights movement. He was born on January 15th, 1929 in Atlanta, Georgia. He gave many inspiring speeches and led many famous movements. His most famous speech was “I Have a Dream.” He was assassinated on April 4, 1968 while standing on a balcony at the Lorraine Hotel in Memphis, Tennessee. He was shot by a man named James Earl Ray. MLK is an important part of American history.

Davis School District had a Martin Luther King speech contest. There was a contest at our school for who would compete at the district level. There were two people that submitted a speech from our school: Cannon Christensen in eighth grade and Brooklyn Rudd in seventh grade. Out of those two, Brooklyn Rudd moved on to district. -Brooklyn Rudd



## Something New at Farmington Junior

Something has changed recently around Farmington Junior High. It might be difficult to guess, because we have experienced so much change this year. We have gone through multiple ways to do school, but it's not that. We have had to change the way we interact with each other, but it's not that. Our school building is undergoing a big change. Farmington Junior High is getting a new roof!

Recently, there was a hurricane force windstorm that rolled through the entire northern portion of our state. Our little city of Farmington had power lines downed, trees and fencing knocked over, and our school’s roof was torn apart. This isn’t the first time the school’s roof has sustained damage due to a wind storm. Because of this, district officials chose to replace the roof rather than continue to repair the old one.

This past month, the roof has been getting a shiny makeover. This \$380,000 green metal, turtle shell will stand up the east winds a lot better than the old shingles did. Hopefully, it will never need to be replaced. -Thomas Bradley



# Feature

## The First All-Female Creative Team on Broadway

The very first all-female creative team on Broadway made history in 2016. The show that had this historic, creative team was the hit Broadway show *Waitress*. This was a big deal especially for Broadway. The creative team consisted of the book writer, director, composer, and choreographer. The show is about a mom who must raise her child on her own. With this topic, it's pretty understandable why there was an all-female team putting together the show. Some of the creative team have children of their own so the story hit close to home for them. They could draw on personal experiences which added to the realism of the show.

-Taylor Hunter



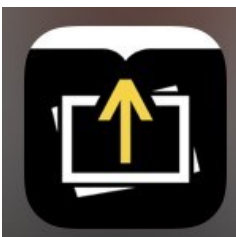
## WandaVision

The new Marvel series, WandaVision is now on Disney+! Elizabeth Olsen Plays Wanda/the Scarlet Witch and Paul Bettany plays Vision. Production was paused in March 2020 due to Covid-19; However, production resumed in Los Angeles in September 2020 and was completed in November. A teaser for the series says, "After the events of Avengers: Endgame, Wanda Maximoff and Vision are living an idyllic suburban life in the town of Westview, trying to conceal their powers. As they begin to enter new decades and encounter television tropes, the couple suspects that things are not as they seem." -Julia Torman



## We Need Photos for the Yearbook!

eShare is an app that the yearbook staff is using to gather photos for the yearbook. If you have any pictures from school or remote learning that you would like to submit:



Download HJ eShare in the app store.

Enter the code **FJHHuskies**

Follow the steps to submit your photos!

## Valentine's Day Myths



Did you know that one of the biggest myths of Valentine's Day could just be the fact that Valentines' Day was not made by card companies to make more money?

One of Valentine's Day's original myths is that the holiday was just created by greeting card company. This was to make people feel bad and then buy a greeting card to make up for it to their significant other. But, contrary to this myth, Valentine's Day has existed for a long time and was celebrated before commercialization and the creation of the greeting card companies. Therefore, this myth is incorrect.

The next myth is about Cupid. Cupid is seen as the innocent cute baby with wings that flies around shooting people with a bow and arrow to make them fall in love. But originally, Cupid was not supposed to be this. Cupid is the Roman god of love, and Eros' counterpart. Eros was originally depicted as a beautiful young man who could make any woman fall in love with him. He had power over gods and mortals alike, using his bow and arrow to control and play with how they feel and act. He was a very dangerous man, as he did not have any good intentions with his power and just enjoyed toying with people's emotions.

The last myth is about marriage. It is believed that the most popular time to get married is on Valentine's Day, or that is the best day to propose, which are both untrue. In reality, some of the most popular months to get married are June, September, and October. -Claire Brown



## Counted among the best!



Do you know an employee who should be recognized for their outstanding contribution to the Davis School District? They just might be the Best of Davis.

Don't miss out on this opportunity to give a district employee a much-deserved recognition.

For more information about the Best of Davis awards and a link to the [online nomination form](#), hop onto our district homepage at [davis.k12.ut.us](#).



**Deadline:**  
**Monday, March 1**



FJH Bands visit the elementary schools in the area to recruit new band members with the help of the Mandalorian and Baby Yoda.

The Husky Howler is the monthly newspaper of Farmington Junior High School in Farmington, Utah. The staff is made up of writers from all grade levels. Please email your questions, comments, or editorial replies to the Staff Advisor, Mrs. Kalakis at the following address: [mkalakis@dsdmail.net](mailto:mkalakis@dsdmail.net)



# Clubs & Sports

## Super Bowl LV



This year was the 55th annual Super Bowl. It was held at Raymond James Stadium in Tampa, Florida. The Super Bowl was crazy with the coaches and everyone else also wearing masks. There were many people who paid for a cardboard cutout of themselves so it would seem like they were there. This year the Tampa Bay Buccaneers played the Kansas City Chiefs. Tampa Bay took the win with a score of 31 to 9.



KSL news took a poll of the best and worst ads. The best ad was the Doritos 3D flat Matthew and Uber Eats Wayne’s World. Some people are saying that the Super Bowl half time was the worst show out of Super Bowl history, while others say they liked it. The halftime show featured The Weeknd. He was the only artist to play in the show. The Week-end put \$7 million of his own money into the

halftime show which included performances of several of his hit singles.

Studies have shown that on Super Bowl Sunday there are more calories consumed than on Christmas and Thanksgiving combined.

-Andrea Bunker



## Girls Basketball

The girls’ basketball team has done amazing this year. They had tryouts on Dec 9th, some before school, and some after. 22 of girls were chosen this year. They are Liberty Anderson, Tai Aston, Hannah Barton, Maleah Beddes, Molli Bell, Ryann Bennion, Macy Fox, Brooklyn Jones, Hailey Larson, Natalie May, Kassie Moffat, Alisha Mun, Katie Myers, Lola Ogzewalla, Madi Peterson, Taya Rich, Caroline Rigby, Ellie Schow, Jentri Snell, Brooklyn Symes, Brynlee Weber, and Anndi Wright. They had many returning players this year including, Tai Aston, Hannah Barton, Macy Fox, Brooklyn Jones, Hailey Larson, Alisha Mun, Natalie May, Lola Ogzewalla, Madi Peterson, and Anndi Wright. They have been practicing on their plays, inbound plays, and defenses. They have played Centerville, Millcreek, Bountiful, Muller Park, Shoreline, Central, South Davis, Syracuse, and North Davis. The top 16 teams go into the tournament on Feb 9th. Help support the girls during their games and watch the live stream on YouTube! -Taylor Sutterfield



## Kindness Club

Kindness Club is a club at Farmington Junior High. Its sole purpose is to spread kindness throughout the school. They’re always willing to help and are out to serve anyone in need. Kindness club meets every Tuesday after school. With Mrs. Pead, Mrs. Kalakis, and Ms. Cannon as the advisors, we’re sure to have kindness spread like glitter. If you are ever in need of some kindness in your life, or you just want a friend to talk to, look out for the new Kindness Club T-Shirts. If you want to be part of this awesome club, come join them after school on Tuesdays in Mrs. Pead’s room. Kindness Club is a good outlet to make new friends, and help spread Kindness throughout the school! Watch for announcements about the Kindness Challenges coming in March! -Londyn Howard



## The Wonderful World of Fantasy Basketball



Fantasy basketball is a game that was popularized in the 1990’s after the advent of the internet. Players participate in this game as the manager of a sports team they create from drafting NBA players based on their statistics.

Players compete with each other using the players they drafted. The players play a “game,” and they earn accolades which earn each player points that will give one team victory. Some people play the game for a reward or a punishment. These people play the other teams in a tournament to decide a winner and a loser. Fantasy basketball is a great part of American culture. I encourage you to play with a friend for a fun and entertaining experience. -Cameron Rudd



Return or renew  
your library books  
before they are due!



# Editorial

## Masks Are Meant to Be Used Properly

Masks. They come with mixed feelings, many colors, and different designs.

They also come with expectations to wear them correctly: Covering the nose, over the mouth, etc.

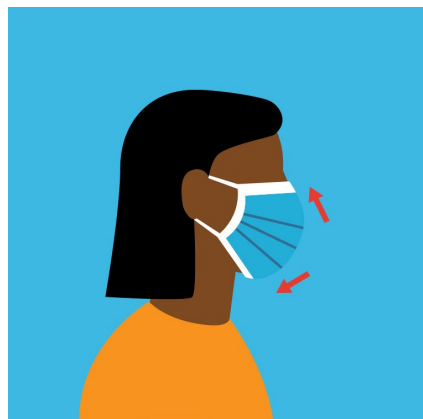
This can be a difficult concept for people to grasp sometimes. Yes, you need to cover your entire face and not just your mouth. Not wearing a mask at all does nothing to stop the spread. And they are not eye covers for your eyes.

They are masks. And they should be worn correctly.



Multiple times I have been sitting in a class where a group of buddies are talking together not even five inches apart and no masks are present. They do not think it is that big of a deal. They just think that it is like the weekends when they hang out with neither masks nor social distancing involved. This is not a good thing. Just because a vaccine is starting to be distributed does not mean that we are done with the pandemic.

EVERYONE needs to do their part. Even if your friends are not wearing masks (at all or not correctly) set the example for them. Be the one who shows that they care about keeping others safe. Of course, masks won't completely stop transmission, but the proper use of masks has been proven to help dissolve the number of cases significantly.



Nobody wants COVID-19. Nobody wants to worry about masks! I know I don't. However, until we have safely ridden out of this pandemic, people need to step up and finish strong. -Rebecca Tew

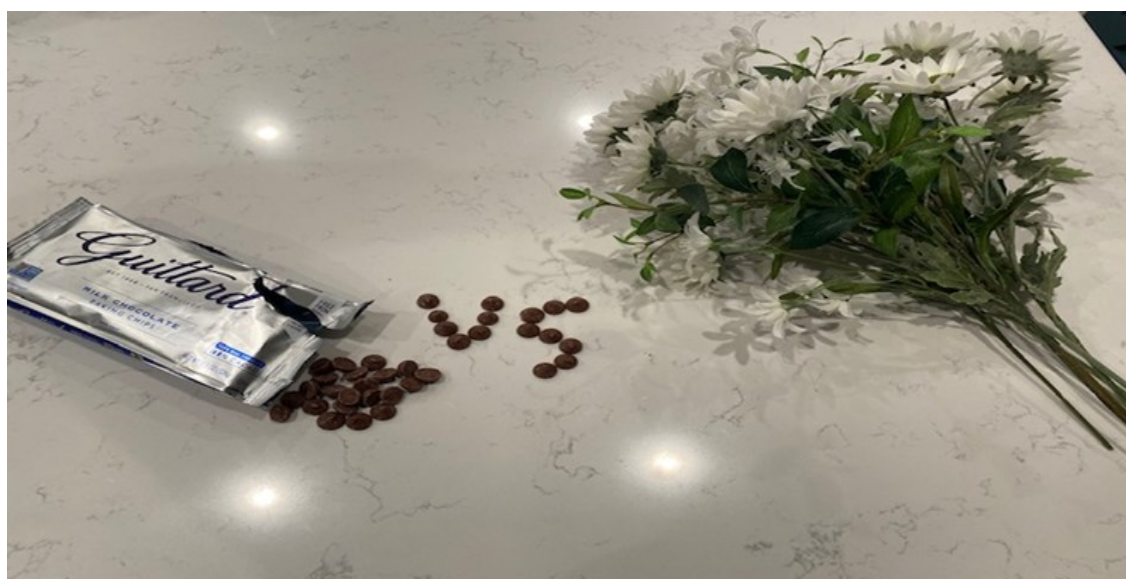
## FJH Yearbook Poll

Scan the QR code with your smart phone and share your opinion today!



Poll results will be included in the yearbook!

## CANDIES or CARNATIONS?



For years people have wondered what to get for their Valentine. Should they get candies and chocolates or bouquets of roses? In 2019, Kimberly Albrecht, a writer for the Pioneer Press, wrote a column about whether ladies in suburban Chicago like candies or flowers more for Valentine's Day. She found that most women liked flowers over chocolates and candies because they were more thoughtful than buying chocolates from the grocery store. Gail Rossow said "Flowers, of course! They're beautiful, fragrant, meaningful and calorie-free!" The women who preferred candies to flowers liked it more because it saves money and chocolate always tastes good. At Farmington Junior High, however, it seems to be a little different. In a survey of 20 people, 12 said they prefer candy to flowers on Valentine's Day. It seems the best gifts are the sweetest ones! -Molli Bell

## Later School = Better Night's Sleep



When you wake up for school in the morning, do you feel well rested and ready for the day ahead? Getting a good night's rest is important for many areas of development. Scientists recommend that teenagers get about 8-10 hours of sleep each night to stay healthy and happy. But with homework in the evening and school starting early in the morning, that is not always achievable. If school started even a half an hour later in the morning, then students would be able to get the rest that is needed to learn and grow.

Changing the school hours would help teenagers sleep longer and prepare for the day. The Sleep Foundation says that "teens are among those least likely to get enough sleep... [they] average fewer than 7 hours per school night by the end of high school." To be able to work and to develop physically and mentally, 9 hours of sleep a night is recommended. Often students must stay up late to finish homework, then wake up early to get to school on time. This makes it difficult to get the sleep needed for all the everyday activities.

"Sleep deprivation impairs the ability to be alert, pay attention, solve problems, cope with stress and retain information," says the Sleep Foundation. More sleep during the night helps students with the ability to pay attention and manage stress levels. With more time to sleep, teenagers can better focus on school and retain the information that they need to succeed.

Sleep is one important key to doing well in school. While the perfect sleep is not always achievable, pushing school's starting time could possibly help improve many student sleeping habits! -Abbey Klein



# Arts & Academics

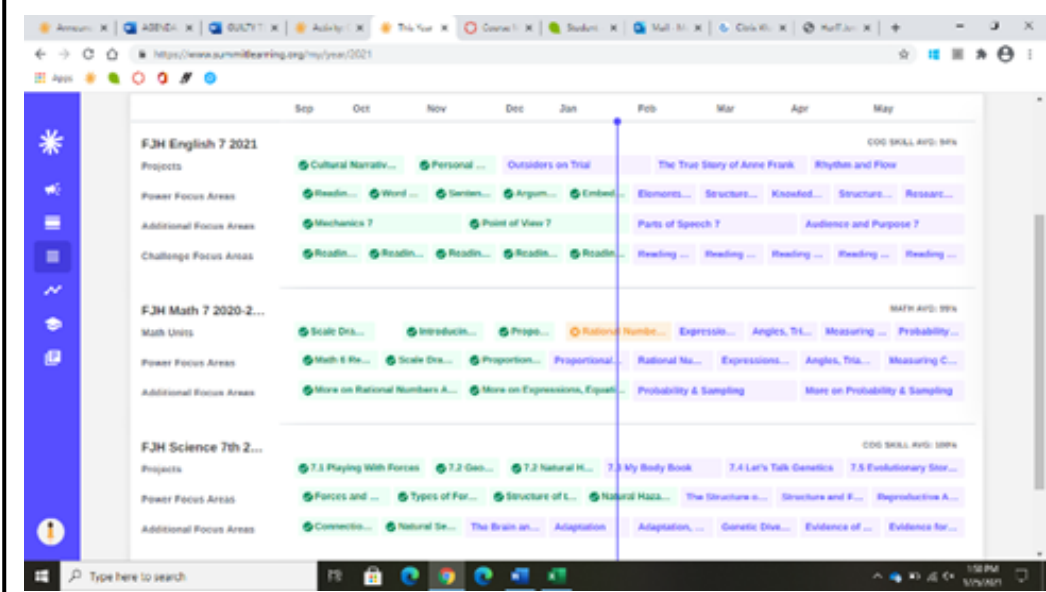
## 7th Grade Summit

This year, all the seventh graders in the school are participating in the Summit Learning program. Summit Learning is a program that consists of big projects, power focus areas (PFAs), additional focus areas (AFAs), and challenge focus areas that are all part of the main school subjects, Math, Science, and English. The big projects are worth 70% of the students’ grade and are completed mainly in class and must be completed to get a full grade. The power focus areas (PFAs) are also required but are completed individually. Finally, there are additional focus areas (AFAs). The additional focus areas are not required but, if a student wants an A, they must complete them because they are worth 9% of the grade.

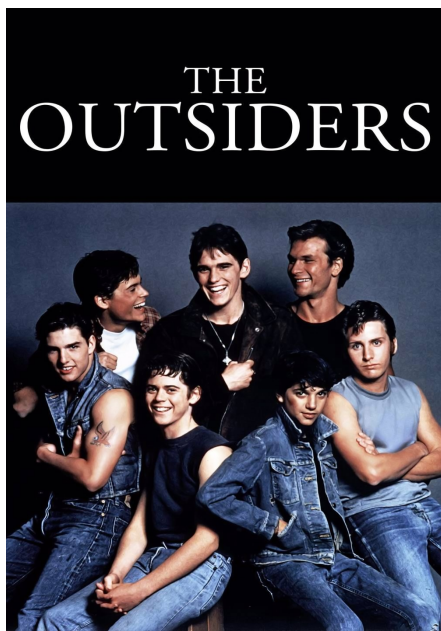
Students have many different opinions of Summit. We interviewed Samantha Garrick to ask her what she thought about it. When asked if she liked Summit she said, “No....I hate how they make us constantly do goals.” Goals and mentoring are a big part of the Summit Learning program and were made to better connect the student to their teachers and get what they needed done. When asked if she liked the mentoring part of Summit she said, “It can be nice...I do feel like they are trying to pry into my personal life.”

The Summit Learning program has many benefits and some drawbacks and earns many different opinions from the seventh-grade student body.

-Megan Barker



# Reading The Outsiders

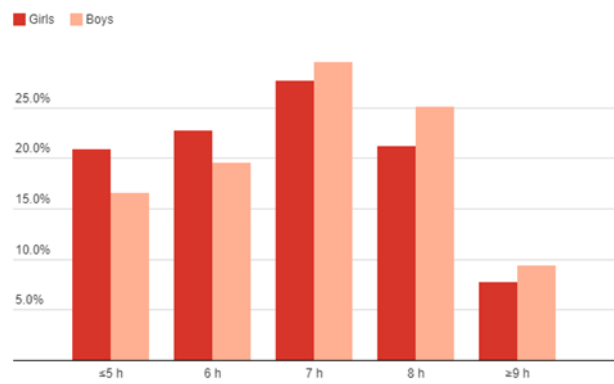


The Outsiders is an amazing book written by author. S. E. Hinton. She wrote The Outsiders at age sixteen. As of 2020, The Outsiders has sold over 15 million copies around the world. Most of them are sold to middle schools in the U.S. A story that has ups and downs, twists, and turns but all around a great book. S. E. Hinton was the first recipient of the Margaret A. Edwards Award, and continues to live in Oklahoma. “The Outsiders transformed young – adult fiction from a genre mostly about prom queens, football players and high school crushes to one that portrayed a darker, truer, world,” stated The New York Times.

Our Farmington Junior High students are getting to take part in reading The Outsiders. 7th and 8th graders are writing about themes and the growth of characters. For about the last two months, the 7th graders have been getting deep into reading this book. After the 7th graders finish The Outsiders, the 8th graders will get to take part in reading it too. 7th grade student, Megan Barker said, “A sad ending but a great book to learn life lessons.” -Samantha Garrick

## Why Should School Start Later?

American Education System tends to be stuck on the idea that the teenage brain can wake up and be fully functioning by 7:30 when their class starts. Unfortunately, this is not the case. Studies have shown that the teenage mind is not fully functioning until about one and a half hours after they drag themselves out of bed. Even when they can get out of bed by six in the morning, they most likely didn’t get the ten hours of sleep they are told they need. Between juggling a job, school, a social life and a home life, they should be able to get 10 hours of sleep, right? Well, between about one hour of getting ready, around six hours of school, approximately four hours of homework, three hours at a job, a half hour of chores and an hour of family time, fifteen and a half hours of their day are taken up, only leaving eight and a half hours for sleep. Not to mention time management is not a common strong suit among most teenagers. Using the Youth Risk Behavior Surveillance System, researchers surveyed 13,584 students in 2013 to determine how long they slept on school nights. Less than ten percent of high school students are getting nine hours of sleep which is only 90% of what they are supposed to be getting. Majority of students are only getting seven hours of sleep each night. Sleep is a vital part of the teenage brain developing, but if teens do not get enough of it, it can and will get the better of their grades. School starting later will help improve attendance. Many students do not go to school simply because they can’t wake up early enough. Some may say school should start earlier because then they are able to get in more time for learning and school, but is it worth sacrificing the student’s grades and health? -Abby Carter



## New Movies Every Week!

Netflix recently announced plans before the new year that would help entertain Netflix watchers all year long. Netflix is going to be releasing at least one new feature every week for the whole year of 2021. Including genres such as action, musicals, romantic comedies, and family friendly animations. Some of the movies and series include To All The Boys: Always and Forever, Don’t Look Up, The Kissing Booth 3, Malcolm & Marie, Call me Crazy, Army of the Dead, Country Comfort and many more.

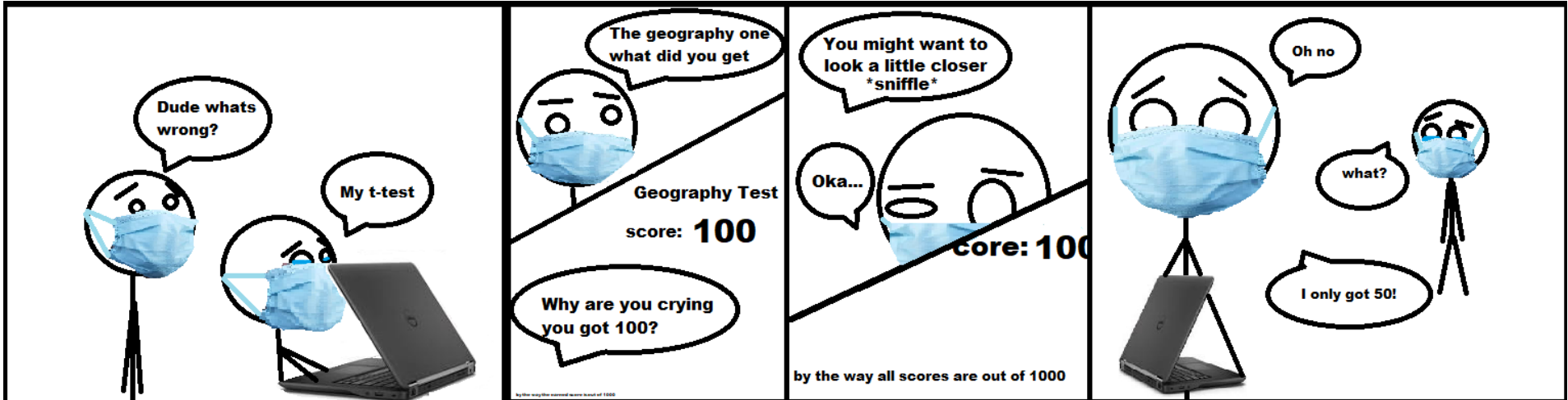


What Netflix is doing now has not been attempted in nearly 100 years! The last time was in the 1930s and 1940s when the film studio MGM released 50 new movies in a year.

Hence, Netflix is attempting that same thing. Netflix coming out on top and starting 2021 out strong after a hard year. Netflix is outshining all the other studios by releasing 70 films in 2021 while the others are only releasing around 20 films at most.

Netflix is now better than before. So, make sure you do not miss the best entertainment of the year. And if you are looking for a new movie or series to watch, go to Netflix to find something new every week! -Brookelle Brenchley

# Comics and Games



-Sterling Wilson

## 60 Interesting Fun Facts That You Probably Didn’t Know!

- There are only 2 places in the world that don’t sell Coca-Cola, they are North Korea and Cuba.
- France is the most traveled to country.
- Only two countries use purple in their flag.
- Cherophobia is the irrational fear of being happy.
- The inventor of the frisbee was turned into a frisbee when he died.
- Marie Curie’s notebooks are still radioactive.
- Frogs can hold their pee for up to 8 months
- The m’s in M&M stand for Mars and Murrie
- Cotton candy was invented by a dentist.
- The dot over lowercase j’s and i’s are known as tittle.
- The healthiest place in the world is Panama.
- Pringles cannot be classified as chips.
- Dolphins have been trained to be used during wars.
- Playing the accordion was once required for teachers in North Korea.
- Rolls-Royce makes the most expensive cars in the world.
- Nutmeg can be fatally poisonous.
- A tick bite can make you allergic to red meat.
- Napoleon was once attacked by thousands of rabbits.
- Pigs are constitutionally protected in Florida.
- In Connecticut it is illegal to sell a pickle that does not bounce to someone.
- Sneezes are faster than a cheetah, clocking in around 100 mph.
- Blue Ivy Carter is the youngest person to appear on a billboard chart.
- The majority of American’s would choose dogs over love.
- Your liver can regrow itself in three weeks.
- The man who founded Atari also founded Chuck-E-Cheese. He was also born in Clearfield, Utah and went to Davis High.
- Most people break up on Mondays.
- There is an immortal jellyfish.
- Cats used to deliver mail in Belgium.
- Women tend to be attracted to the scent of cucumbers and Good & Plenty candy.
- The Twitter birds official name is Larry.
- Tornados used to be called twirlwinds and twirlblasts in the 18<sup>th</sup> century.
- There is a town in Nebraska that boasts the population of only 1 person.
- Video games help surgeons perform better.
- Ketchup was used as a medicine for 16 years.
- At any point in time 0.7 percent of the world’s population is drunk.
- Sonic’s full name is Ogilvie Maurice Hedgehog.
- Toilet paper in France used to be pink.
- Artificial banana flavor is based on an extinct banana.
- Australia has the most beaches in the world.
- Alaska once had a cat for mayor.
- J is the only letter that does not appear in the Periodic Table of Elements.
- Tic Tacs were named after the sound they make.
- The founder of Pringles requested that when he died to be buried in a pringles can.
- In the tv series Friends the word “friends” is said in every episode.
- May 22<sup>nd</sup> is the least common birthday.
- Toilets usually flush in E flat.
- When the first Star Wars movie came out France was still using the Guillotine.
- The first ever American movie to show a toilet being flushed on screen was Alfred Hitchcock’s Psycho.
- Drinking coffee in Turkey used to be punishable by death.
- The quietest room in the world is in Microsoft’s headquarters in Washington State.
- Frankenstein’s monster is a vegetarian.
- The word “pants” used to be considered a vulgar word.
- The tallest tower of cupcakes ever made was 35 feet tall.
- The average person will spend 6 months of their life waiting for red lights to turn green.
- A single lightning bolt has enough energy to toast 100,000 slices of bread.
- The Titanic film lasts for how long it took for the Titanic to sink.
- Instead of saying “Cheese” when taking pictures Victorians would say “Prunes”
- The hashtag symbol is called an octothorpe
- Walt Disney hated Goofy.
- Armadillo shells are bulletproof.

